

# Training in Developmental Transactional Analysis <sheet 1>

## The Next Steps Training Programme

... is intended for people who have already taken the TA 101 and who want to develop their competence and confidence in using TA.

The programme is over two days, the first being primarily training and the second focussing on supervision. The course will enable people to access the IDTA qualifications and CTA.

The course will also welcome people who are not aiming for an exam and who wish to deepen their knowledge and skill in using TA. Participants are welcome to attend some or all of the sessions.

Participants will have the opportunity to revisit and refresh their understanding of each core concept from the 101 syllabus, consider how ideas impact on practice and build up a more comprehensive awareness of TA.

The programme is suitable for people interested in any of the TA fields.

### Venue:

Fairfield House,  
Ferry Road,  
Bawdsey,  
Woodbridge  
Suffolk IP12 3AW

## Programme Themes and Dates 2008/9

<b>Saying 'Hello'</b> Understanding ourselves and contracting	October 16 <sup>th</sup> & 17 <sup>th</sup>
<b>Making Contact</b> Using ego-states and transactions to improve our communication	November 27 <sup>th</sup> & 28 <sup>th</sup>
<b>Learning and Growth</b> Cycle of Development and how we adapt to change	January 8 <sup>th</sup> & 9 <sup>th</sup>
<b>Reward and recognition</b> Strokes, time structuring and accounting	February 19 <sup>th</sup> & 20 <sup>th</sup>
<b>Group Development</b> Working with groups	April 2 <sup>nd</sup> & 3 <sup>rd</sup>
<b>What drives us?</b> Introduction to Personality Adaptations	May 14 <sup>th</sup> & 15 <sup>th</sup>
<b>Stories and Scripts</b> Revisiting and extending script	June 25 <sup>th</sup> & 26 <sup>th</sup>

Time: 9.30am to 4.30 pm

All materials and Tea/Coffee provided.

## Training is built around five key principles

- promoting healthy growth and development
- recognising that power needs to be used properly
- generating insights, ideas and solutions through collaboration
- being skillful in building effective partnerships
- that Transactional Analysis is a powerful tool for change.

### Costs:

Full Programme: £1170 (+ £204.8 VAT)  
Individual two days session:  
£230 (+ £40:25 VAT) Work-funded  
£150 (+ £26:25 VAT) Self-funded

### Contact us:

#### Debbie

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#### Giles

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**About Giles & Debbie**

Giles and Debbie have worked together before, their training styles are complementary and both have good reputations for a creative approach to training, the range of learning methods they use and the congruence and integrity of their values.

Giles has also been running an Educational TA training programme for a number of years based in London.



**Suffolk Next Steps**  
creating choices for people to learn and grow

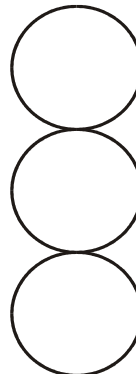
**Developmental Transactional Analysis**

with

**Giles Barrow**  
PTSTA(Educational)

&

**Debbie Robinson**  
PTSTA(Organisational)



**Application form**

I would like to attend  
Suffolk Next Steps TA training 2008/09

Name:

Address:

Tel.No.:

Email:

Field of interest:

Organisational/Educational/Counselling/  
Coaching/Psychotherapy

EITHER:

I would like to attend the full programme  
OR

I would like to attend the following sessions -

**Saying Hello** Oct 07

**Making Contact** Nov 07

**Reward & Recognition** Jan 08

**Reward and recognition** Feb 08

**Group Development** April 08

**What Drives Us?** May 08

**Stories and Scripts** June 08

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Payment arrangements: Cheque OR Invoice  
Please return to Debbie or Giles